

DINING OBSERVATION

Surveyors observe mealtimes to determine whether facilities are in compliance with state and federal regulations. By regularly observing mealtimes, you can identify concerns and correct them to prevent tags. Observing mealtimes also allows you to identify potential reasons why a resident may be experiencing unintentional weight loss.

Facility: _____

Meal observed: _____

Regulation	Yes	No	Comments
Therapeutic and texture-modified diets are being followed. ^a			
The plated food has an appetizing aroma and appearance and is not served on trays in the dining room.			
Are there any residents having difficulty chewing or swallowing their food?			
Appealing options of similar nutritive value are offered to residents who choose not to eat food that is initially served.			
Staff respond to residents' request for in a timely manner.			
Adaptive eating equipment is available and utilized by residents who need them according to their plan of care. ^a			
Residents who require eating assistance are being assisted according to their plan of care. ^a			
The menu is clearly posted.			
Staff talk with residents for whom they are providing assistance rather conducting social conversations with other staff.			
Residents are properly positioned to maximize eating ability (e.g., wheelchair fits under table).			

^aselect three residents and review their care plan and diet order prior to meal observation.

Signature: _____

Date: _____