

MEDICATIONS AFFECTING NUTRITIONAL STATUS

Generic (Brand name)	Type	Effect	Generic (Brand name)	Type	Effect
Alendronate (Fosamax)	Bisphosphonate	Constipation, diarrhea	Levothyroxine (Synthroid)	Hormone	Increased appetite
Allopurinol (Zyloprim)	XOI	Diarrhea, nausea	Lisinopril (Zestril)	ACE Inhibitor	Dyspepsia
Amiodarone (Nexterone)	Antiarrhythmic	Anorexia, constipation	Loperamide (Diamode)	Antidiarrheal	Anorexia, constipation
Amlodipine (Norvasc)	CCB	Edema	Lorazepam (Ativan)	Benzodiazepine	Constipation, sedation
Aripiprazole (Abilify)	Antipsychotic	Constipation, nausea	Losartan (Cozaar)	ARB	Constipation, nausea
Atorvastatin (Lipitor)	Statin	Diarrhea, dyspepsia	Metoclopramide (Reglan)	Prokinetic agent	Edema, nausea
Bisacodyl (Dulcolax)	Laxative	Dehydration	Metoprolol (Lopressor)	Beta Blocker	Diarrhea, dyspepsia
Bisoprolol (Monacor)	Beta blocker	Diarrhea, fatigue	Mirabegron (Myrbetriq)	Beta-3 agonist	Diarrhea, nausea
Budesonide (Pulmicort)	Corticosteroid	Dyspepsia, ABD pain	Mirtazapine (Remeron)	Antidepressant	Orexigenic, somnolence
Bumetanide (Bumex)	Diuretic	Diuresis, nausea	Montelukast (Singulair)	Leukotriene antagonist	Abdominal pain, diarrhea
Bupropion (Wellbutrin)	Antidepressant	Anorexia, xerostomia	Olanzapine (Zyprexa)	Antipsychotic	Constipation, appetite stim
CaCO3 (Tums)	Antacid	Dysgeusia	Omeprazole (Prilosec)	PPI	Diarrhea, nausea
Carbamazepine (Tegretol)	Anticonvulsant	Anorexia, xerostomia	Ondansetron (Zofran)	Antiemetic	Diarrhea
Carvedilol (Coreg)	Beta blocker	Nausea	Oxybutynin (Ditropan)	Antimuscarinics	Constipation, xerostomia
Citalopram (Celexa)	SSRI	Nausea, xerostomia	Pantoprazole (Protonix)	PPI	Diarrhea, nausea
Clonazepam (Klonopin)	Benzodiazepine	Depression, somnolence	Phenytoin (Dilantin)	Anticonvulsant	Constipation, nausea
Clozapine (Clozaril)	Antipsychotic	Constipation, xerostomia	Prednisone (Deltasone)	Corticosteroid	PRO catabolism
Diazepam (Valium)	Benzodiazepine	Depression, somnolence	Pregabalin (Lyrica)	GABA Analogue	Weight gain, xerostomia
Diltiazem (Cardizem)	CCB	Edema, nausea	Quetiapine (Seroquel)	Antipsychotic	Somnolence, xerostomia
Divalproex (Depakote)	Anticonvulsant	Anorexia, nausea	Risperidone (Risperdal)	Antipsychotic	Dyspepsia, orexigenic
Donepezil (Aricept)	AChE Inhibitor	Anorexia, diarrhea	Ropinirole (Requip)	Dopamine Promoter	Dyspepsia, xerostomia
Duloxetine (Cymbalta)	SNRI	Anorexia, xerostomia	Rosuvastatin (Crestor)	Statin	Nausea, ABD pain
Escitalopram (Lexapro)	SSRI	Anorexia, nausea	Senna Glycoside (Senna)	Laxative	Diarrhea, ABD cramping
Ferrous sulfate	Supplement	Constipation, nausea	Sertraline (Zoloft)	SSRI	Anorexia, diarrhea
Fluoxetine (Prozac)	SSRI	Anorexia, somnolence	Sotalol (Betapace)	Antiarrhythmic	Anorexia, diarrhea
Furosemide (Lasix)	Diuretic	Anorexia, hyperglycemia	Spironolactone (Aldactone)	Diuretic	Nausea, weight loss
Gabapentin (Neurontin)	Anticonvulsant	Edema, somnolence	Simvastatin (Zocor)	Statin	Constipation, nausea
Glimepiride (Amaryl)	Antidiabetic	Hypoglycemia	Sitagliptin (Januvia)	Antidiabetic	Hypoglycemia
Glipizide (Glucotrol)	Antidiabetic	Hypoglycemia	Topiramate (Topamax)	Anticonvulsant	Anorexia, somnolence
Haloperidol (Haldol)	Antipsychotic	Anorexia, xerostomia	Tramadol (ConZip)	Narcotic	Constipation, xerostomia
Hydrochlorothiazide	Anorexia, diarrhea	Diuretic	Tamsulosin (Flomax)	Alpha Blocker	Diarrhea, somnolence
Hydroxyzine (Atarax)	Antihistamine	Xerostomia	Trazodone (Olepto)	Antidepressant	Orexigenic, xerostomia
Hyoscyamine (Levsin)	Anticholinergic	Constipation, xerostomia	Valsartan (Diovan)	Antihypertensive	Nausea
Levodopa (Sinemet)	Dopamine Promotor	Dysgeusia, nausea			
Levetiracetam (Keppra)	Anticonvulsant	Somnolence			