

SUPPLEMENT	Consistency	Serving	Kcal	PRO, g	CHO, g	FAT, g	Fiber, g	Na, mg	K, mg	P, mg
Boost (Nestle)	Thin	8 fl oz	240	10	41	4	0	150	460	300
Boost Breeze (Nestle)	Thin	8 fl oz	250	9	54	0	0	80	0	150
Boost Glucose Control (Nestle)	Thin	8 fl oz	250	14	23	12	3	270	260	200
Boost Plus (Nestle)	Thin	8 fl oz	360	14	45	14	3	300	360	300
Carnation Breakfast (Nestle)	Thin	1 pkt	220	13	39	1	0.5	190	700	500
Ensure (Abbott)	Thin	8 fl oz	250	9	41	6	3	200	370	250
Ensure Clear (Abbott)	Thin	8 fl oz	240	8	52	0	0	30	0	105
Ensure Plus (Abbott)	Thin	8 fl oz	350	13	51	11	3	220	400	300
Glucerna (Abbott)	Thin	8 fl oz	220	10	26	9	3	210	370	250
LiquaCel	Mildly thick	30 mL	90	16	9	0	0	30	12	2
Magic Cup (Hormel)	Extremely thick	4 oz	290	9	38	11	0	130	190	190
MightyShakes (Hormel)	Thin	4 fl oz	220	6	33	7	0	100	90	130
Med Pass 2.0 (Hormel)	Mildly thick	8 fl oz	480	20	58	19	0	400	190	190
Nepro (Abbott)	Mildly thick	8 fl oz	425	19	38	23	3	250	250	170
Novasource Renal (Nestle)	Thin	8 fl oz	475	22	44	24	0	225	225	195
TwoCal HN (Abbott)	Mildly thick	8 fl oz	475	20	52	22	1	345	580	250